

## What Our Clients Say...



"I have traveled the tri-state area in search of a health practitioner who could refine my health regime that was right for me. Once I found JH Wellness I knew I found my practitioners for life! They are down to earth and incredibly knowledgeable. The testing method is amazing!"

Robin S. - New York, NY

"This technology sheds light on things I would never have otherwise known. It even detected a problematic tooth which abscessed three months later. Thank you JH Wellness for helping me reach optimum health!"

Mary Ann M. - Stamford, CT

"Weight has been an issue for me since I was twelve years old. I have lost 15 lbs since I first started with JH Wellness and I plan to stick with the positive lifestyle changes they educated me about."

Jennifer F. - Darien, CT

"JH Wellness is a shining light....the knowledge, enthusiasm and passion sets them apart."

Craig O'C. - New York, NY

"JH Wellness has changed my life! They have educated me on making healthy changes/choices and made me conscious of what I am putting into my body and my family's bodies. Today my family and I are living a happy and healthier life!"

Michelle P. - Stamford, CT

**Our mission is to educate and empower clients to make healthy lifestyle choices to help you live well for a lifetime.**

### What We Do

We provide holistic nutritional consulting and bio-feedback evaluations. The technology that we use takes all the guesswork out of wellness and is a highly sophisticated tool that enables your body to communicate. Our office location serves Fairfield & Westchester County as well as the surrounding greater New York City area. We also have the capability to conduct client sessions all over the country thanks to our Virtual Clinic. Our Virtual Clinic enables clients to enjoy sessions from the privacy of their home for those who live too far or find it difficult to travel long distance.

### Taking the Guesswork Out of Wellness

Our breakthrough bio-communication technology is an extremely powerful and effective tool that can evaluate the stress of each of your body's systems, identify the underlying cause of stress in each of these systems, and pinpoint the exact remedies which will bring your body back into balance. It allows us to communicate with your body. Rather than guessing what will bring your body back into balance, we can test your body to see which foods, supplements, and/or natural remedies are most compatible with it.

This cutting-edge technology performs an assessment of your body called a Bio-Survey. A Bio-Survey allows us to:

1. Measure the energetic stress of your organs and systems.
2. Identify hidden stressors in your body such as bacteria, viruses, candida, heavy metals, chemicals, EMFs, etc.
3. Identify food and environmental sensitivities.
4. Pinpoint specific remedies to bring your body back into balance.

By combining quantum physics, biology, and information theory, this technology provides an interface between living things and computers allowing them to talk to each other.



Begin Living Well Today  
Detoxify. Nourish. Adapt.

## Your Passport to Vitality



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www.JHwellness.com